

Safe Material Handling and Transportation

Z HSE-25

Duration :

Three Days 18 Hours

Who Should Attend :

Safety department staff, supervisors drivers and labours

Language :

Arabic, English



Topics

- General rules for safe material handling that can be adapted to any workplace1
 - Size up the load
 - Look for special hazards
 - Wear appropriate protective equipment
 - Use the right equipment the right way
 - Watch out for pinch points
 - Check your path
 - Report material damage to your supervisor
 - Know when to ask for help
- Sizing Up The Load
- Using The Right Equipment
- Moving The Load
- Special Handling Concerns
- Assess a load for safe handling
 - Assess a load's weight to safe handling
 - Assess a load's size to safe handling
 - Assess a load's shape to safe handling
- Recognize hazardous loads
 - Explain the importance of special handling instructions
 - Identify conditions that are hazardous to handling a load
- Use proper personal protective equipment
 - Identify correct hand protection for a specific hazard
 - Identify the risks of injury from not using proper equipment
- Operate handling equipment safely
 - State the general safety rules for material handling equipment
 - Explain capacity limits
 - Relate proper equipment operation to personal safety
 - Identify locations where hazards are greater for equipment operation
 - List types of material handling equipment

- Safely travel with a load
 - List benefits of checking the travel path
 - Identify locations where equipment operation is hazardous
 - Explain pinch points
- Respond properly to damaged loads
 - Describe options to take with damaged loads
 - State the results of unreported damaged materials
- Recognize the need for help
 - Judge circumstances that require assistance