



Training Course Information Form

Course Information

Course Name: Principles of Occupational Safety and Health

Institute/Centre: Maritime Safety Institute **Course Code:** MSIOC 801

Type: Program Course Workshop

Course Duration: 5 days 3 days 1 day Other: -----

Course Conducted: Local International
Indicate: -----

Course Venue: _____

Course Language: English Arabic Both Other: -----

Course Description

Course Outlines:

- The meaning of Occupational Safety and Health.
- Safety tips, safe and correct methods of work.
- Workplace injuries and accidents.
- The principles of accidents prevention.
- The Principles of prevention and fire fighting.
- Protective personal equipments.
- Safety Signals.

Course Objectives:

The objective of this course is to provide employees with the general and necessary information regarding safety & health principles.

Learning outcomes:

By the end of the course, participants should be able to identify common causes of accidents and fatalities in working areas; and identify abatement techniques for such hazards and prevent accidents Injuries and occupational diseases.

Course includes: Theoretical Workshop Laboratory Site Visit (On Request)

Course Prerequisites:

No Particular educational requirements.

Who should attend:

All personnel employed or engaged in any capacity on shore work shoe and factories.

Course References:

Safety at Work.
Safety and the security Professional.
A guide to occupational safety and health strategies.

No. of Participants/course: 5-10 10-15 15-20 Other: -----

Qualifications of Participants:

Not limited

No. of Lecturer: 2

No. of Assistance: 2

Course Facilities

White Board V. Projector Data show PC Manual Handouts
 Books Handouts Flip charts S/W Other: fire fighting equipments

Course Evaluation

Written Examination Written Report(s) Oral Presentation Attendance
 Delegates Participation

Certificate Issue: Local Premises AASTMT International

Course Registration

Registration: AAST Admission Registration Online Other: ---local-----

Sponsor Fees:

Documents required: Registration form ID/Passport copy Photo