



Training Course Information Form

Course Information

Course Name: Working at Heights

Institute/Centre: Maritime Safety Institute **Course Code:** MSIOC 815

Type: Program Course Workshop

Course Duration: 5 days 3 days 1 day Other: --

Course Conducted: Local International
Indicate: -----

Course Venue: _____

Course Language: English Arabic Both Other: -----

Course Description

Course Outlines:

- What is meant by work at height and factors to consider before commencing work
- Work at height hazards and how they can be controlled (including the Use of PPE).
- Basic use of ladders, scaffolding and MEWPS
- Signing and being responsible for tools aloft

Course Objectives:

This course aims to provide training in the safest and most efficient methods of Working at Heights, addressing the sources and controls of Hazards and the proper use of Working at height equipments and safety devices

Learning outcomes:

On Completion of this course, participants should gain knowledge of the Hazards associated with Working at heights, and be able to use equipments such as ladders, scaffolds and work tools in an efficient manner, as well as gaining the necessary knowledge of the use and maintenance of Safety Equipments and devices

Course includes: Theoretical Laboratory Workshop Site Visit (On Request)

Course Prerequisites:

All trainees must be certified by a doctor to be in good health.

Who should attend:

All Industry Personnel working Onshore, Offshore, or onboard Ships and are involved in Working at heights.

Course References:

- The Work at Height Regulations, 2005 (UK)

No. of Participants/course: 5-10 10-15 15-20 Other: -----

Qualifications of Participants:

No Particular Qualifications Required

No. of Lecturer: 1 2 5

No. of Assistance: 1 2 3

Course Facilities

White Board V. Projector Data show PC Manual Handouts
 Books Handouts Flip charts S/W Other:

Course Evaluation

Written Examination Written Report(s) Oral Presentation Attendance
 Delegates Participation

Certificate Issue: Local Premises AASTMT International

Course Registration

Registration: AAST Admission Registration Online Other: ---local-----

Fees :

Documents required: Registration form ID/Passport copy Photo