



## Training Course Information Form

### Course Information

**Course Name:**

**Institute/Centre:**  **Course Code:**

**Type:**  Program  Course  Workshop

**Course Duration:**  5 days  3 days  1 days  Other: -----

**Course Conducted:**  Local  International  
Indicate: -----

**Course Venue:**

**Course Language:**  English  Arabic  Both  Other: -----

### Course Description

#### Course Outlines:

- Safe use of Equipments
- types of Lifts
- Slings and lifting tackle.
- Slings guidelines
- Inspection and Examinations
- Potential hazards associated with lifting
- Correct Load slinging
- weight assessment and Load Stability
- Banksman operations

#### Course Objectives:

The Objective of this course is to describe Potential hazards associated with lifting operations and how to overcome them and to provide an awareness of lifting equipments and its correct and safe usage.

#### Learning outcomes:

At the course end successful delegates should be able to know and identify the hazard associated with lifting Equipments and explain the measures necessary to improve control whilst carrying out lifting operations.

**Course includes:**  Theoretical  Laboratory  Workshop  Site Visit (On Request)

**Course Prerequisites:**

No Particular Course Prerequisites

**Who should attend:**

All Personnel who are involved in slinging and crane operations. E.g. Supervisors, Deck crew, Crane operators.

**Course References:**

Code of practice on safety and health in ports  
The International Rigging & Lifting Handbook

**No. of Participants/course:**  5-10       10-15       15-20       Other: -----

**Qualifications of Participants:**

No Particular Qualifications required

**No. of Lecturer:**  1       2       3

**No. of Assistance:**  1       2       3

**Course Facilities**

White Board       V. Projector       Data show       PC       Manual       Handouts

**Course Evaluation**

Written Examination       Written Report(s)       Oral Presentation       Attendance  
 Delegates Participation

**Certificate Issue:**  Local Premises       AASTMT       International

**Course Registration**

**Registration:**       AAST Admission Registration       Online       Other:

**Fees :**

**Documents required:**       Registration form       ID/Passport copy       Photo